

2022-01-08 Meditation for the Saturday after Epiphany is now available at: <https://pgimf.org/meditations/>

Theme song (Psalm 23):

- 1 The Lord is my shepherd \*  
therefore can I lack nothing.
- 2 He shall feed me in a green pasture \*  
and lead me forth beside the waters of comfort.
- 3 He shall convert my soul . . . .

### **Psalms 42 and 43**

Music: James Turle (1802-1888)

Lyrics: Translated by Myles Coverdale (1488-1569)

Artists: King's College Choir, Cambridge  
David Willcocks (organ and director)

### **Psalm 42**

[Stanza 1]

[Both sides of the choir sing together]

- 1 Like as the hart desireth the water-brooks \*  
so longeth my soul after thee, O God.
- 2 My soul is athirst for God, yea, even for the living God \*  
when shall I come to appear before the presence of God?

[Now the two sides take turns singing verses]

- 3 My tears have been my meat day and night \*  
while they daily say unto me, Where is now thy God?
- 4 Now when I think thereupon, I pour out my heart by myself \*  
for I went with the multitude, and brought them forth into the house of God;
- 5 In the voice of praise and thanksgiving \*  
among such as keep holy-day.

[Refrain]

- 6 *Why art thou so full of heaviness, O my soul \**  
*and why art thou so disquieted within me?*
- 7 *Put thy trust in God \**

*for I will yet give him thanks for the help of his countenance.*

[Stanza 2]

8 My God, my soul is vexed within me \*  
therefore will I remember thee concerning the land of Jordan, and the little  
hill of Hermon.

9 One deep calleth another, because of the noise of the water-pipes \*  
all thy waves and storms are gone over me.

10 The Lord hath granted his loving-kindness in the day-time \*  
and in the night-season did I sing of him, and made my prayer unto the God of  
my life.

11 I will say unto the God of my strength, Why hast thou forgotten me \*  
why go I thus heavily, while the enemy oppresseth me?

12 My bones are smitten asunder as with a sword \*  
while mine enemies that trouble me cast me in the teeth;

13 Namely, while they say daily unto me \*  
Where is now thy God?

[Refrain]

*14 Why art thou so vexed, O my soul \*  
and why art thou so disquieted within me?*

*15 O put thy trust in God \*  
for I will yet thank him, which is the help of my countenance, and my God.*

[No Doxology is sung since the two Psalms are also thought to be one unified poem.]

### **Psalm 43:**

[Stanza 3]

1 Give sentence with me, O God, and defend my cause against the ungodly  
people \*

O deliver me from the deceitful and wicked man.

2 For thou art the God of my strength, why hast thou put me from thee \*  
and why go I so heavily, while the enemy oppresseth me?

3 O send out thy light and thy truth, that they may lead me \*  
and bring me unto thy holy hill, and to thy dwelling.

4 And that I may go unto the altar of God, even unto the God of my joy and gladness \*  
and upon the harp will I give thanks unto thee, O God, my God.

[Refrain]

5 *Why art thou so heavy, O my soul \*  
and why art thou so disquieted within me?*

6 *O put thy trust in God \*  
for I will yet give him thanks, which is the help of my countenance, and my God.*

Glory be to the Father, and to the Son, \*  
and to the Holy Spirit  
as it was in the beginning, is now, and ever shall be, \*  
world without end. Amen.

Evan

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